



EXPEDITION SKILLS

CAMPCRAFT 1 (NON-WILD
CAMPING)

WEEK 8

This module will tell you how to pick a good campsite, how to set-up your campsite, and some helpful hints and tips for making your camping Safe and Fun!

Arriving at your Campsite:

Find your campsite owner and say 'Hello'. This will let them know you have arrived, and it is always polite. At this time make sure you know the layout of the campsite (If there are facilities such as toilets, water, showers and where they are).

Once at Camp:

1. Set up your Tent
2. Cook your Meal

It is always a good idea if you are tired to have a snack and a drink of water before you start to do anything else. This will give you the energy you need to set up your camp.

Here are some things to think about before putting up your tent.

1. Location

Shelter: Check the wind direction. If it is very windy, you don't want your tent, or you, to get battered around all night. Find a spot that shelters you from the wind, if possible.

Slope/Dips: The last thing you want is to put up a tent on a slope where you might feel like you are rolling down a hill. If the only spot is a slope, make sure you head points up! You also want to make sure the ground where you are doesn't have any dips in it that can fill with water.



The Ground: Find a patch of ground that is smooth and free of rocks, sticks or anything else that might either tear your tent or be uncomfortable to sleep on.

Campers: You won't be the only people camping. Choose a spot that is away from other campers. This means you are less likely to disturb them and they are less likely to disturb you!

2. The Wind

Tents: Pitch your tent with the doors facing away from the direction of the wind.

Rubbish: Make sure you have a rubbish sack ready to go before you start unpacking or cooking and tie it to something so it won't blow away.

Rucksack: Apart from your tent, only unpack your rucksack inside your tent. This is so nothing gets blown away. Anything that can blow away, make sure it is secured before it does, you will only have to chase after it otherwise.



Your Tent is Up and You have Eaten!

Now:

Gold expeditions: By the time you have pitched your tent and eaten, you will probably be ready for bed.

Otherwise: The time in the evening is a good time to chat about the day Review the route and plan for the next day** good idea! Fun Activity (card games, frisbee, read a book) Decide what time to get up the next day Pack what you won't need in your rucksack ready to leave camp the next day.

Striking/Taking Down Your Camp

- All get up at the same time in the morning
- All have breakfast
- Follow Tent packing procedures (In the Exped Tent Module)
- Once everyone has packed up and you are ready to leave for the day, do a final check of the area. You don't want to leave any rubbish lying around once you're gone. You also don't want to leave any kit behind!

Well Done!! Now take the following Quiz!

Emergency Procedures: QUIZ

1. What is the first thing you should do when you get to camp?
2. What 2 things are the most important once at your campsite?
3. What should you do in camp before you set up your tent if you are tired?
4. What are the 4 things you should think about before putting up your tent?
5. What 3 items do you need to be careful with if there is wind?
6. What are some things you can do once your tent is up and you've eaten?
7. When you are all packed up and ready to leave, what should you do?

Remember this quiz is just to see what you have learned, it is not graded. Please ask for help if you need it.